

Diodydd

Te Brecwast Cymreig

Dewis o De

Siocled Poeth

Coffi Mal Ffres

Coffi / Te Heb Gaffein

Dewis o Rawnfwydydd

Y ffrwythau dyddiol

Ffrwythau sych a chnau

Iogyrtiau ffrwythau amrwyiol

Sudd ffrwythau oer

Brecwast wedi goginio'n ffres

Wy wedi'u Ffrio

Wy wedi'u Potsio

Wy wedi'u Sgramblo

Wyau wedi'u Berwi

Gydag 'r canlynol

Bacwn

Selsig

Selsig Llyseiol

Madarch

Tomato

Bara Wedi'u ffrio

Ffa Pob

Wyau wedi'u Sgramblo neu

Potsio ar Dost

Ffa Pob ar Dost

Tost Gwyn neu Frown

Gyda Marmalêd neu Jam

Hot & Cold Beverages

Welsh Breakfast Tea

Selection of Teas

Hot Chocolate

Fresh Ground Coffee

Decaffeinated Coffee / Tea

Selection of Cereals

Daily Selection of Fruit

Dried Fruits & Nuts

Natural & Fruit Yoghurts

Chilled Fruit Juices

Freshly cooked Breakfast

Fried Egg

Poached Egg

Scrambled Egg

Boiled Egg

With any of the following

Bacon

Sausage

Vegetarian Sausage

Mushrooms

Tomato

Fried Bread

Baked Beans

*Scrambled or Poached Eggs
on Toast*

Baked Beans on Toast

Brown or White Toast

Served with condiments & preserves